

WRITE INTO THE DAY

SCHOOL LUNCH

FEBRUARY 5, 2016, 8:30-9:00 AM

We'll write for 20 minutes and share snippets from our writing for ten minutes.



Reflect back to elementary, middle, or high school, and recall what school lunches were like. What did you eat for lunch? What did you drink? What did the cafeteria sound like, smell like, and look like? How did the food taste? Describe the textures, aromas, or colors of the food on offer. Describe the acoustics of the room, the overall atmosphere, fragments of conversation, the ambiance, your friends, or whatever else comes to mind. What did your school lunches say about you? What did it feel like to be you, in this particular environment, at this time in your life? Did you feel like you had a lot of choice when it came to the food you ate for lunch in school? Did you want, imagine, or fantasize about more choices than were available to you in the school cafeteria?